

DAILY MINDSET CALENDAR

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pkw
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A photograph of a tree growing on a rocky cliff overlooking the ocean. The tree is the central focus, with its branches spreading out against a blue sky with light clouds. The cliff is dark and textured, and the ocean is visible in the bottom right corner.

GROWTH

Growth happens when you're pulled by desire while pushed by discontent.

Mary Morrissey

A close-up photograph of a car's interior, focusing on the gear shift knob. The knob is metallic with a knurled texture and a polished, reflective tip. It is positioned over a black plastic gear shift lever. To the left, a circular temperature gauge is visible, showing a scale from 0 to 24 degrees Celsius. Below the gauge, there are several control buttons, including one labeled 'AUTO' and another with a fan icon. The background is dark and out of focus, emphasizing the metallic components in the foreground.

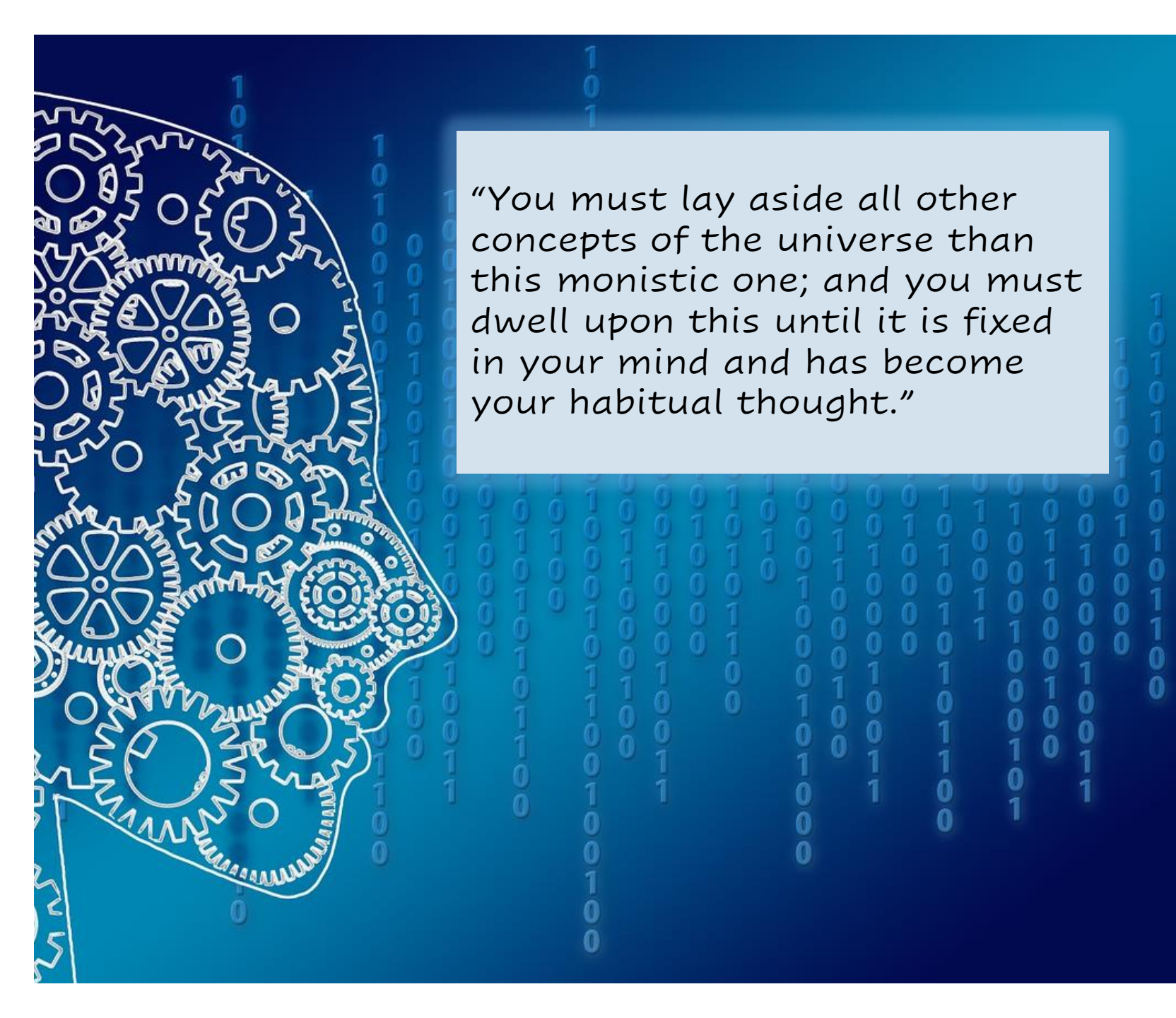
Making the Shift in Mindset

Bob Proctor claims 5% of success in life and business is strategy, and 95% is mindset.

Think about that for a minute. You can have all the tech & know how to run a successful business of any kind...but if you don't have the mindset to move it forward - nothing happens.

Shifting gears to make things happen will open your mind to see beyond the blocks you've placed in front of you.

Shift your thinking to a higher level and watch how your mindset opens the roads before you.



“You must lay aside all other concepts of the universe than this monistic one; and you must dwell upon this until it is fixed in your mind and has become your habitual thought.”

Wallace D. Wattles

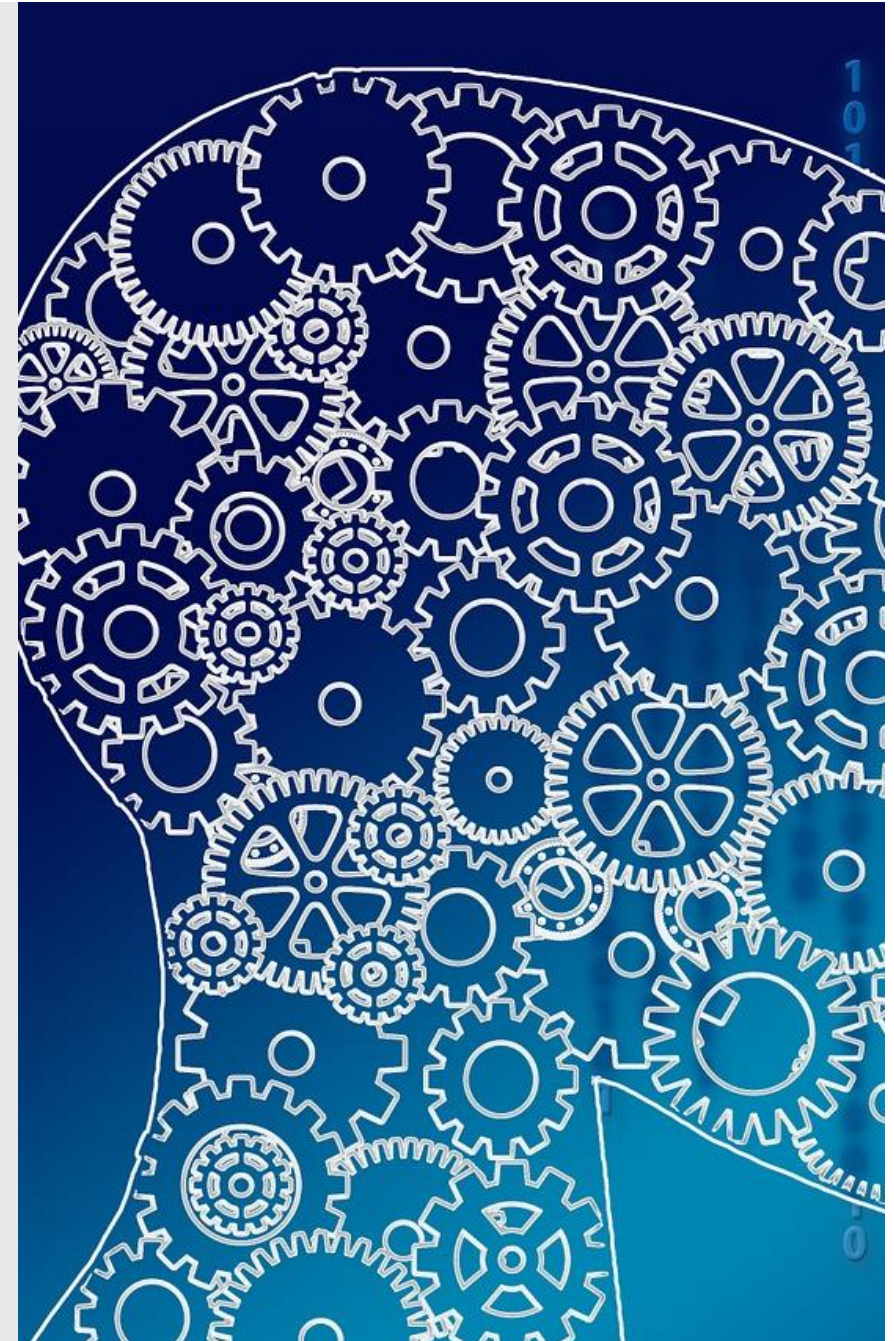
There is a thinking stuff from which all things are made, and which, in its original state, permeates, penetrates, and fills the interspaces of the universe.

A thought, in this substance, Produces the thing that is imaged by the thought.

Man can form things in his thought, and, by impressing his thought upon formless substance, can cause the thing he thinks about to be created.

The Science of Getting Rich

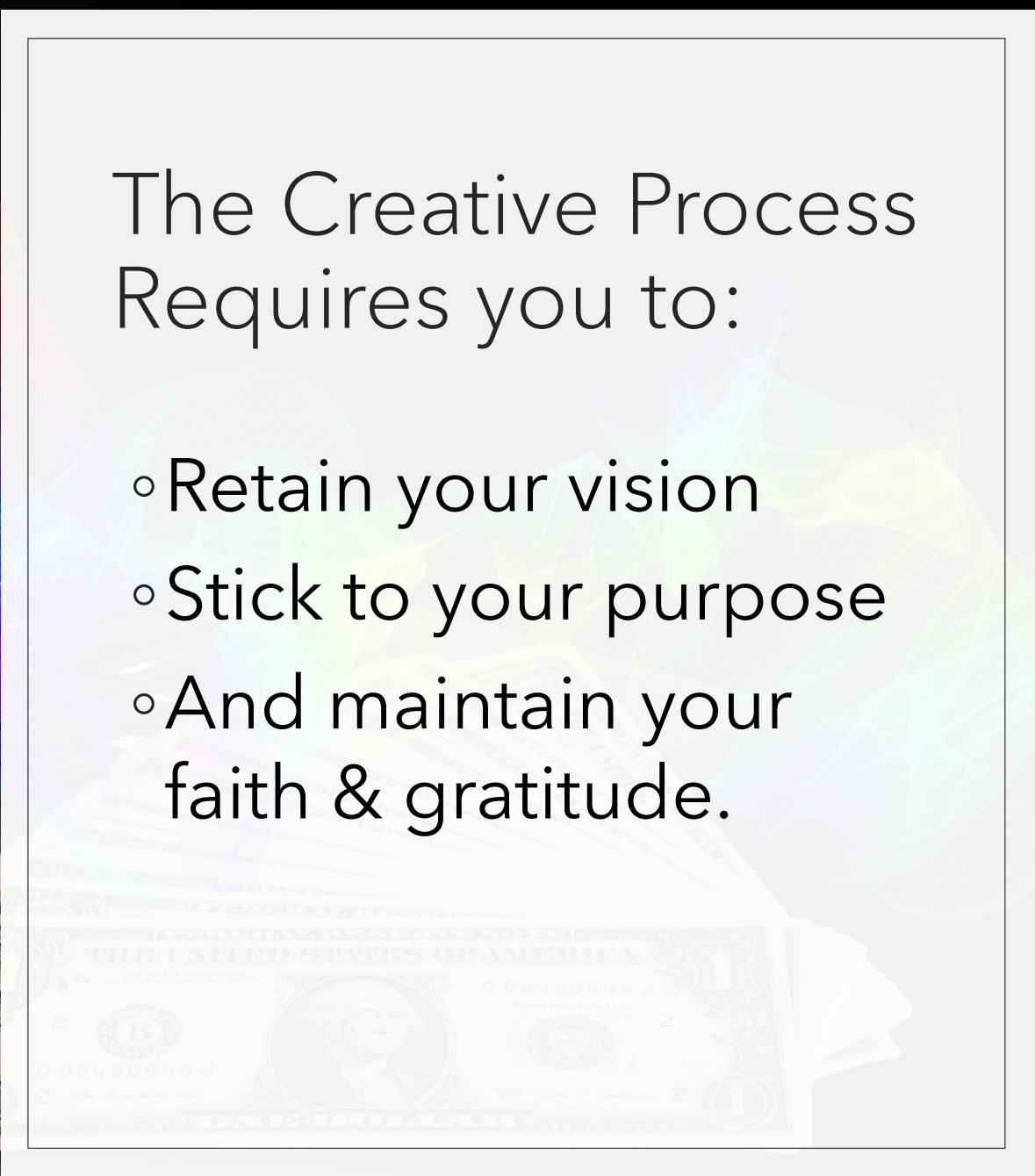
- First, you believe that there is one Intelligent Substance, from which all things proceed.
- Second, you believe that this Substance gives you everything you desire.
- And third, you relate yourself to it by a feeling of deep and profound gratitude.

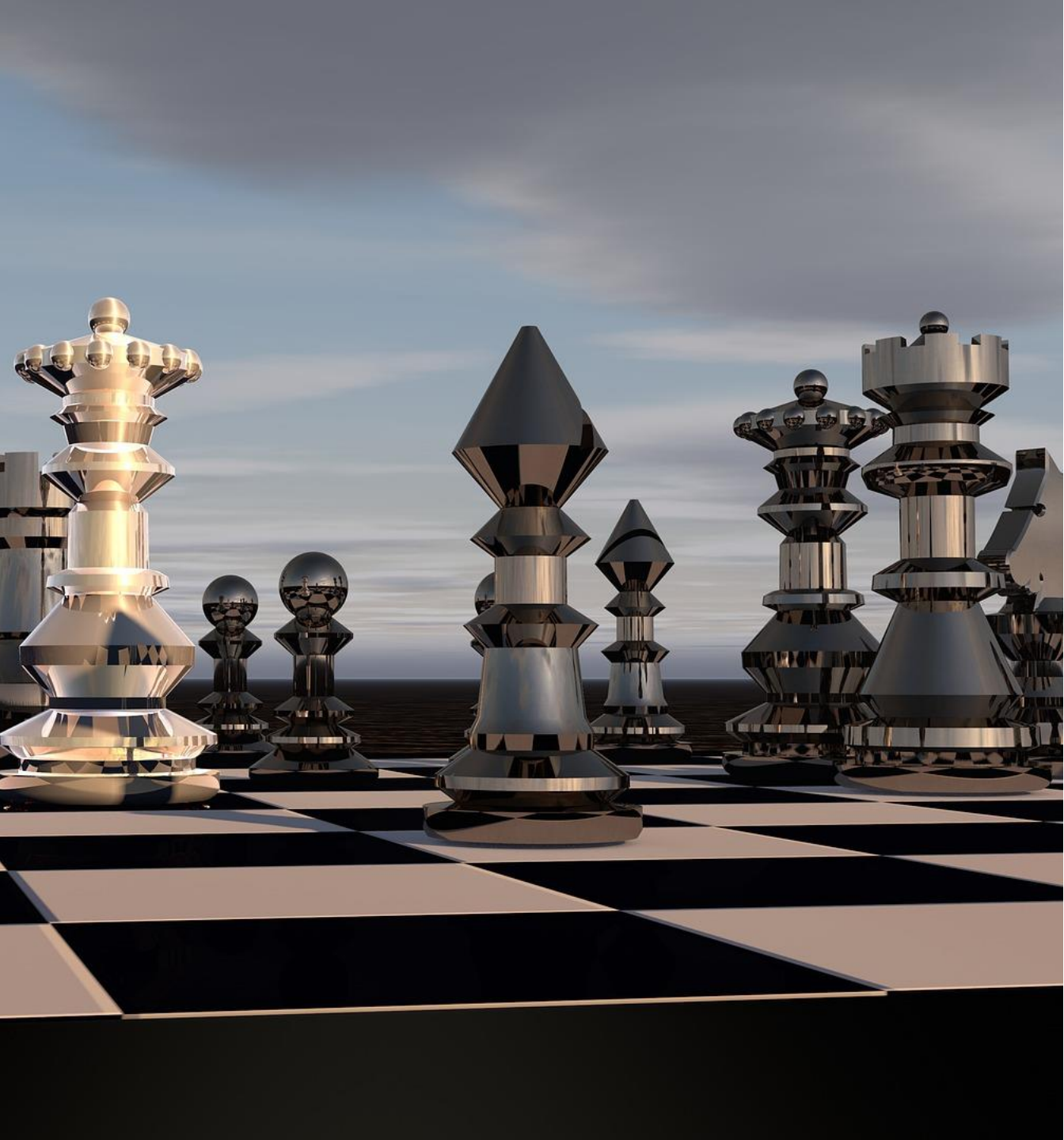




The Creative Process Requires you to:

- Retain your vision
- Stick to your purpose
- And maintain your faith & gratitude.





Keep Your Mind in the Present

- In Chess we think out several moves ahead but must play in the present to act with the other player.
- To act with your mind only in the future and not live in the present - our mind will be divided and not take any action as needed.

Focus on your present action.

DO NOT WAIT
FOR CHANGE
OF
ENVIRONMENT
BEFORE YOU
ACT...



Change your
environment by taking
action.



It's not all about the Money

- It's all the areas in your life.
- Health & Wellness
- Spiritual Growth
- Endeavors
- Relationships
- Giving Back
- Making an Impact

#1. Your right to be rich requires a spiritual inner shift.

Results don't happen to us.

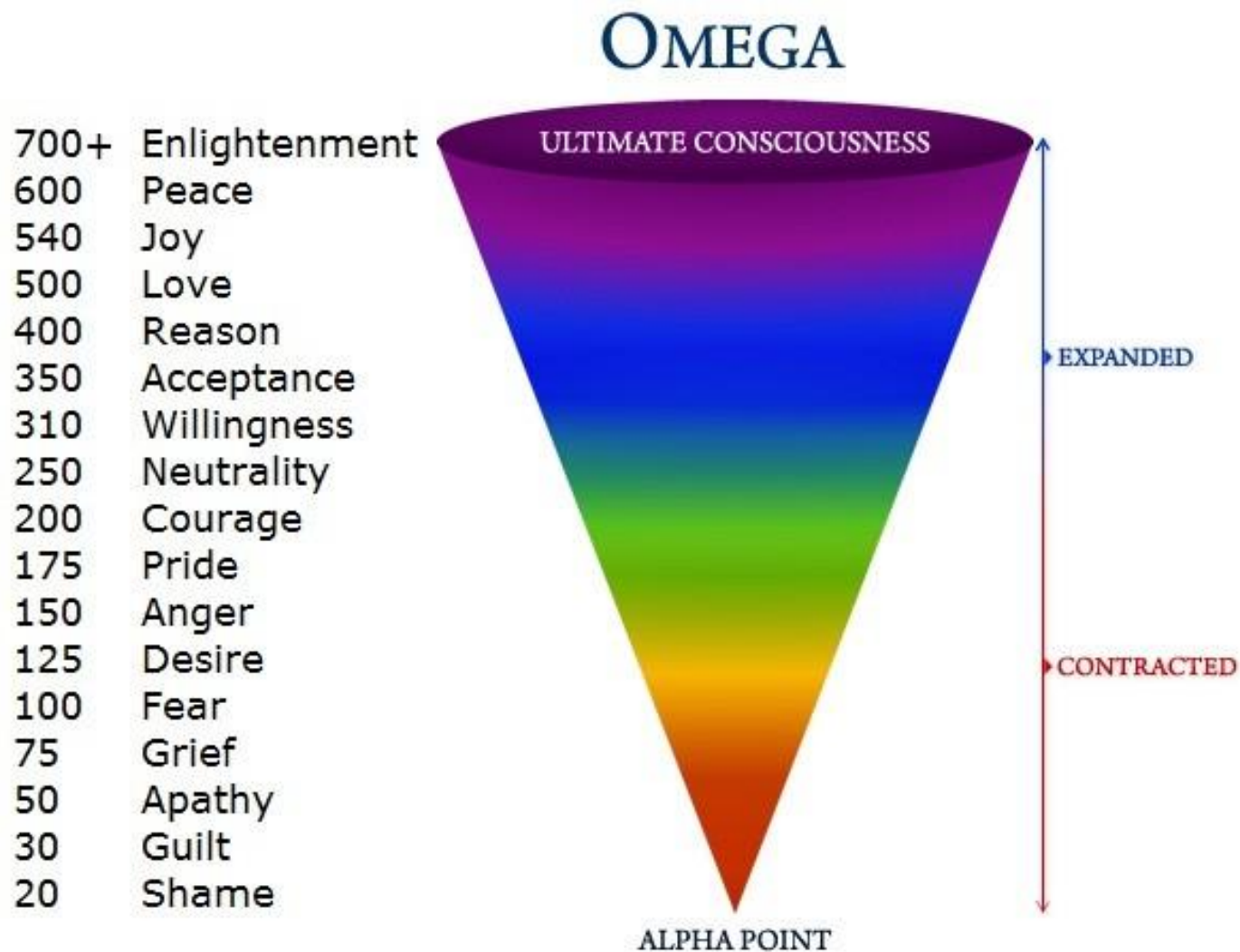
They happen with us.

Results are a match to the vibration or frequency that you operate from. To have better results, you need to raise your frequency.

- *3 Keys to shift your vibration/frequency.*
- *1. Vision. Have clarity of what we want; What would I love...*
- *2. Become a vibrational match. Raise your frequency to expand & match the abundance you want to bring into your life.*
- *3. Have the right map. A crystal-clear map to Visualize your plan now.*

Stephen Hawkins

- Vibrations or frequency that a person radiates matches the results that life happens to you.
- Low frequencies like Guilt contracts your vibrations and blocks your abundance.
- 500 or higher is a frequency and expands your vibrations to allow abundance flow in.



LIVING IN THE 500 FREQUENCY



What would you LOVE?

8 Common Blocks That Stop Growth & Abundance

1. Lack of deserving. (Not worthy, not enough...)
2. There's not enough to go around.
3. Negative money mindset. (Don't want to be greedy, unchristen, arrogant, just want enough to be 'comfortable'...)
4. Chaos & Drama
5. Fear of Loss (loss of friends & family because of success.)
6. Harboring resentment & blame
7. Focusing on what's missing. (wealth, relationships, health, job...)
8. Living in the 'Get' mindset. Get is a version of lack; when I get the money, I'll be okay...rethink in terms of you will have the money now.

#2. Remove the Blocks

"In order to change the results that I want, I have to change the thinking that's producing the results I have."

Be, Do, Have

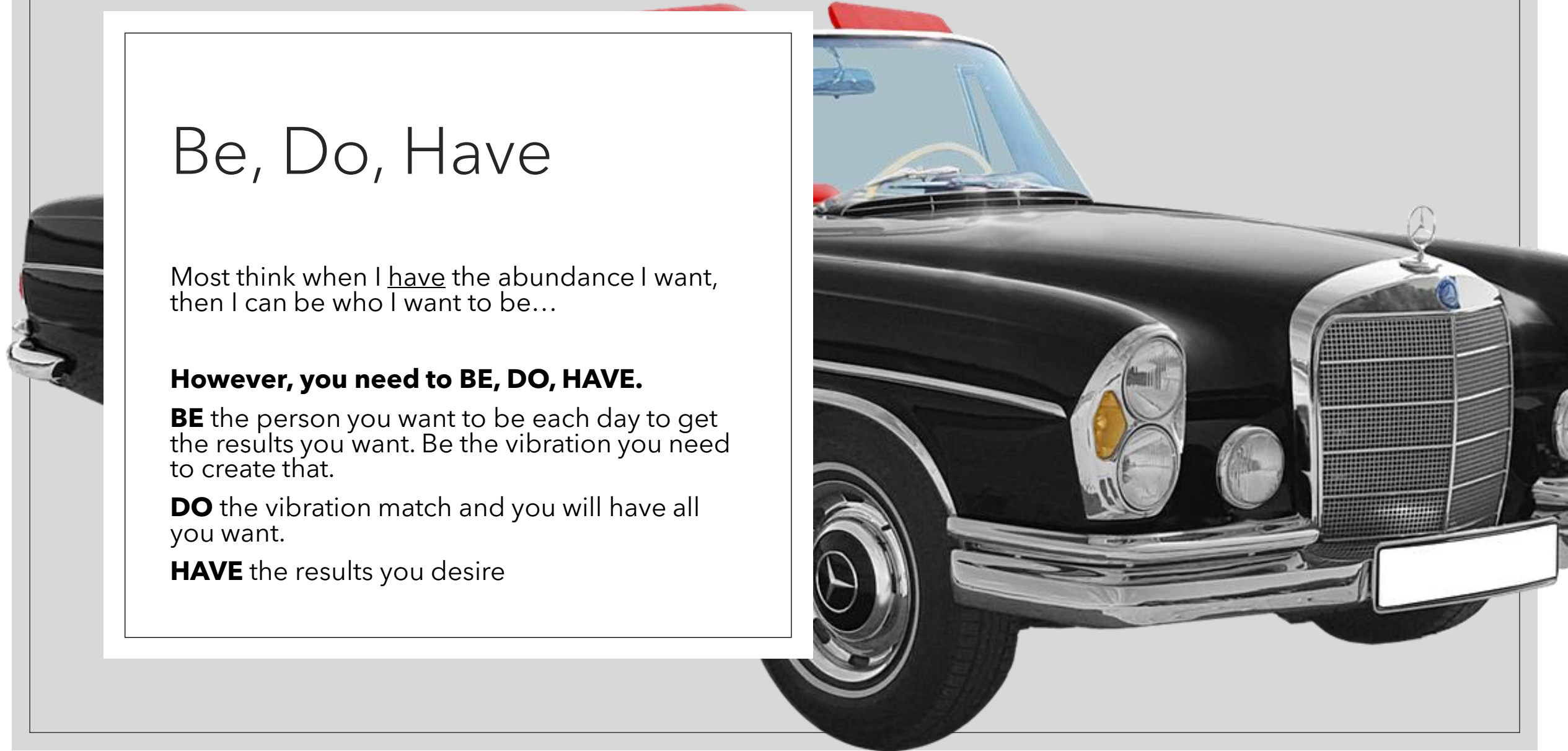
Most think when I have the abundance I want, then I can be who I want to be...

However, you need to BE, DO, HAVE.

BE the person you want to be each day to get the results you want. Be the vibration you need to create that.

DO the vibration match and you will have all you want.

HAVE the results you desire



What would I love in:

Money freedom

Health & Well being

Relationships

Vocation

I'M SO HAPPY & GRATEFUL THAT...



Be, **Do**, Have... What's your **Doing** look like?

- Envision doing action steps everyday.
- Schedule them daily.
- Work on them, create, do the action,
- Complete them & check them off.

- Tomorrow take the next step
- Schedule it
- Do it
- Complete it...

Do is a step-by-step action thing to get to the Have. Focus on the doing thing.

WEEK OF _____

This Week's Project goal:

Schedule Social Media Posts: 2-3 times a day.
Insights, tips, mistakes, quotes...
Engage 3-5 times daily: Like, comment, give a
shit.

3 must do's:

- 1.
- 2.
- 3.

Why this matters:

Revenue Goal: \$ _____

Personal Growth _____

MONDAY:

Project : _____

Project Outline & Tasks needed for this week: _____

When: _____

Challenges _____

Training: _____

Training /Focus Tools (Learn something new each day/week to better yourself & create the momentum to push through to your goals.)

When: _____

TUESDAY:

Project Tasks: _____

WEDNESDAY:

Project Tasks: _____

THURSDAY:

Project Tasks: _____

FRIDAY:

Project Tasks: _____

This Week's Result:

BE, DO, HAVE

Today's Date: _____

This Week's Project goal: _____

Schedule Social Media Posts: 2-3 times a day. Insights, tips, mistakes, quotes...
Engage 3-5 times daily: Like, comment, give a shit.

3 must do's today to achieve goal

1. _____

2. _____

3. _____

Revenue Goal: \$ _____

Personal Growth

Today's Energy Level: _____

Why: _____

Steps to Improve: _____

Grateful today for 3 things:

Training/Focus Tools:

Read/Watch/Action what motivates me today?

Stop working at _____

Don't forget to: _____

*Start your day with a morning ritual. Meditate—Visualize the Best You
Exercise, Eat right & drink water. Journal.*

6AM _____

7 _____

8 _____

9 _____

10 _____

11 _____

12PM _____

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

*"IF YOU HAVE
THE COURAGE TO START,
YOU HAVE THE COURAGE
TO SUCCEED."*

MEL ROBBINS



Everyday

“Vulnerability
Sounds Like Truth &
Feels Like Courage”

Bernie Brown

“DON’T LISTEN TO ANYONE WHO ISN’T WILLING TO STEP
INTO YOUR ARENA.” BERNIE BROWN

